

Curriculum Vitae

Name : **DR. DHANRAJ VISHWESHWAR GAHUKAR.**
Age : 66 Yrs.
Date of Birth : 1st Oct. 1959
Birth Place : Mohapa, Tal - Kalmeshwar, Dist - Nagpur

QUALIFICATION

1983 : **B.A.M.S.**
1984 : **House Officer for 7 months. (Shalya)**
1985 : **Registrar 2 Yrs. 6 months (Shalya)**
1987 : **M.D. (Ras-shastra)**
1997 : **M.D. (Panchakarma)**

CAREER

MANAGING DIRECTOR

- ❖ **Samadhan Ayurved Panchakarma Hospital & Research Centre, Nagpur**
- ❖ **MedAyu Multispeciality Hospital, Shankarpur, Nagpur.**
- ❖ **MedAyu Multispeciality Hospital, Bhopal.**

Attachments

- ❖ **GURU, In Rashtriya Ayurved Vidyapeeth, Ministry of Ayush, India.**

Associate Centers

- Vaishali MedAyu Clinic, Besa, Nagpur
- Ananya MedAyu Clinic, Tatya Tope Nagar, Nagpur
- MedAyu clinic, Bhopal (M.P.)
- Chandramala MedAyu Clinic, Yavatmala, Maharashtra
- Namrata MedAyu Clinic, Paratwada, Amrawati, Maharashtra
- Shri Hari AyurvedDham Patiala, Punjab
- MedAyu Clinic , Balaghat, MP

Hon. Consultant & Associated Centre in Abroad (Germany)

- Affiliated Centre for Internship " Vidya sagar Akademie Für Ayurveda und Yogatherapie", Ludwigsburg, Germany. Dr. med. Hedwing Gupta
- Aashwamedh Academy of Ayurveda & Panchakarma, Heidelberg, Germany
- Praxis Ayurveda J. Friedhelm Laurs, Aachen, Germany
- Ayurveda Panchakarma Clinic, Wiesbaden, Germany

INTERNATIONAL PAPER PRESENTATION

- International Congress on Traditional Asian Medicine in Halle, Germany.
The effect of Vamana & Virechana Therapy in management of Tamak Swasa.
- European Ayurveda World Congress' in Baden-Baden, Germany.
Role of Panchakarma in Management of Sciatica-Vata.

NATIONAL PAPER PRESENTATION AND PUBLICATION

- In various conferences in India.

ACTIVITIES

ACADEMICS -

- Post Graduate Diploma in Clinical Panchakarma
- Diploma in Ayurveda For Foreign Students
- Reorientation Courses of Panchakarma
- Online Certificate course of Clinical Panchakarma

Public -

- Diagnostic Camp & Workshop on Ayurveda–Panchakarma
- AYURVEDA-SATSANG Clinical meeting for people.
- VIDEO CASSETTE & CD ON PANCHKARMA Demonstrative & Educative film.

CRTIFICATE OF APPRECIATION

In 2024 : LUMINARY IN AYURVEDA - CRTIFICATE OF APPRECIATION
by the Central Council for Research in Ayurvedic Sciences
(CCRAS), Ministri of Ayush, India.

In 2025 : Dr. Dhanraj Gahukar – A Living Legend in the Field of Ayurveda.

An article titled "Dr. Dhanraj Gahukar – A Living Legend in the Field of Ayurveda" has been recently published, acknowledging my journey in Ayurveda. Published by Central Council for Research in Ayurvedic Sciences Ministry of Ayush, India.

AWARDS & HONOURS

In 1994 : SHRI BHAWANI SHANKAR AYURVED AWARD Best in Ayurveda, by Marathwada University.

In 1995 : VD. BALSHASTRI LAWGANKAR PANCHAKARMA PURASKAR By Vaidhya Khadiwale Vaidyak Sansthan; Pune.

In 1997 : AYURVED PANCHAKARMA BHISHAK PURASKAR Best in Panchakarma - Nasik.

In 1998 : DHANWANTARI SANMAN by Association of Indian Medicines, Nagpur.

- In 1999** : **AYURVED SANMAN PATRA** Gajanan Maharaj Sansthan, Reshimbag, Nagpur.
- In 2001** : **GANDHI SMRUTI AYURVED PURASKAR** - KAUNDALYAPURAM.
- In 2001** : **AYURVED ABHINANDAN PATRA** By Shri Baidyanath Ayurved Bhawan Ltd. Nagpur.
- In 2001** : **WORLD'S WHO'S WHO – EMINENT PERSONALITIES OF INDIA''**
By International Biographical Research Foundation, India.
- In 2003** : **AYURVED SANMAN PATRA** By Sandu Brothers Mumbai.
- In 2006** : **MOTHER INDIA AWARD FOR HEALTH EXCELLENCE** by Economic & Human Resource Development Association, DELHI
- In 2006** : **RASHTRIYA VIDYA SARASWATI PURASKAR** by International Institute of Education and Management, DELHI.
- In 2006** : **EXCELLENCE AWARD FOR EXEMPLARY SERVICE IN HEALTH CARE** by The Himalaya Drug Company, Mumbai.
- In 2006** : **INDIRA GANDHI HEALTH EXCELLENCE AWARD** by Indian Solidarity Council DELHI.
- In 2006** : **LIFE TIME ACHIEVEMENT GOLD MEDAL** by International Institute of Education and Management, DELHI.
- In 2006** : **PRIDE OF INDIA INTERNATIONAL AWARD** by International Institute of Education and Management, DELHI.
- In 2007** : **RAJIV GANDHI HEALTH EXCELLENCE AWARD**
- In 2008** : **BEST EDUCATIONALIST AWARD**
- In 2008** : **INTERNATIONAL HEALTH CARE EXCELLENCE AWARD ''**
- In 2011** : **ORANGE CITY ACHIEVEMENT AWARD** by Peoples Arts Centre, Mumbai.
- In 2013** : **Dr. DWARKANATH KOTNIS HEALTH INTERNATIONAL AWARD** by Mahatma Fule Talent Research Academy.
- In 2015** : **SANDU AYURVED BHUSHAN PURASKAR** by Sandu Pharmaceuticals Ltd, Mumbai.
- In 2016** : **MAHATMA FULE EXCELLENCE HEALTH AWARD** by Mahatma Fule Shikshan Sansthan.
- In 2017** : **BHISHAK VIBHUSHAN AWARD** in Ayurved Parva by Akhil Bharatiya Ayurved Mahasammelan, Delhi
- In 2017** : **HEALTH CARE EXCELLENCE AWARD,** by My FM.
- In 2021** : **CERTIFICATE OF HONOR,** by Charak Pharma Pvt. Ltd, Mumbai

- In 2021** : **AYURVED-BHUSHAN AWARD** , by Allumni Association of Govt. Ayurved College, Nagpur
- In 2021** : **AYURVED-MAHARSHI AWARD**, by Govt. Ayurveda Research & Career Academy, Nagpur.
- In 2023** : **Dr BHAUSAHEB PADMAWAR AYURVED-BHUSHAN PURASKAR** by Ayurved Seva Samiti and **Dr Bhausahab Padmawar Trust, Yawatmal.**
- In 2024** : **JEEVAN GAURAV AYUSHREE AWARD**, by Lokmat and Aroma, Nagpur.
- In 2024** : **Shri VISHWASMUTI SANMAN PURASKAR**, by Shri Sadguru Vishwanath Maharaj Rukdikar Trust, Kolhapur
- In 2024** : **HONOR FOR OUTSTANDING SERVICES**, by Maharshi Ayurveda, Delhi
- In 2025** : **AYURVED SEVA SANMAN**, by Indutai Gaikwwad Patil Ayurveda College, Research Centre & Hospital Dhuti, Nagpur
- In 2025** : **NIRVIKAR JEEVAN GAURAV AWARD 2025**, by Nirvikar Ayurved Hospital Bhosari, Pune

PUBLICATIONS

- Samshodhanam : Shashtraokta and Practical Panchakarma Book of Panchakarma (Hindi) under print.
- **AYURVEDAMRUT** Magazines a quarterly journal.
- **ARTICLES ON AYURVED PANCHAKARMA** in various News Papers and Magazines.

MEMBERSHIPS

- President of MedAyu Healthcare LLP, Nagpur
- President of Dr. Gahukar's Education & Research Foundation, Nagpur
- Executive Director of "Aashwamedh" Academy for Ayurved & Panchakarma, Heidelberg, GERMANY.
- Director of by "Indutai Gaikwwad Patil Ayurveda College, Research Centre & Hospital" Dhuti, Nagpur
- Executive Director and Jt. Secretary of National Academy of Panchakarma & Research, India.
- Executive Member and Ex. V. President of "Lion Club of Nagpur Ayurveda International".
- Executive Member of Ayurved Vyaspeeth, Nagpur.
- Life Member of Akhil Bharatiya Ayurved Mahasammelan, Delhi.
- Executive Member & Acting President of " National Institute Of Fundamental Research " Nagpur.
- Life Member of National Integrated Medical Association, Nagpur

Sr.No.	Title of the Research Paper/ Article	Name of the Journal/ Volume/ Date	Date of Journal/ Volume	Citation
1	Role of Raktamokshan a by Ghati Yantra in treatment of Gridhrasi (sciatica): A pilot study	AYU	2016 Jan-Mar; 37(1)	Kumbhare-Patil M, Gahukar DV, Patil SN. Role of Raktamokshan a by Ghati Yantra in treatment of Gridhrasi (sciatica): A pilot study. Ayu. 2016 Jan- Mar;37(1):26- 31. doi: 10.4103/ayu.A YU_212_15. PMID: 28827952; PMCID: PMC5541463.
2	Standardization of Basti dravya in the form of Panchakarma Kit- need of the era	International Ayurveda	Jan- Feb 2022[Vol.V II] Issue 1	Dr Vedprakash Gahukar: Standardization of Basti Dravya in the form of Panchakarma Kit- Need of the Era ; VII(1): 2026- 2033
3	A Study of Vaman Karma and its influence on blood chemistry	International Journal of Indian Medicine IJIM	Volume 3 Issue 4 (April 2022) p. 38-43	Gahukar. D, Gahukar. V., Gahukar Priti. A Study of Vaman Karma and It's Influence on Blood Chemistry. Int J Ind Med 2022;3(3):38- 43 http://doi.org/10.55552/IJIM.2022.3405
4	Clinical study to determine the effectiveness of Erandamooladi Niruha Basti Kit in Gridhrasi	International Journal of Indian Medicine	Issue: 01 Volume: 3 (2022): Month - 02	Gahukar V, et al. A open label clinical study to determine the effectiveness of Erandamooladi Niruha Basti Kit in Gridhrasi (Lumbar spondylosis with radiculopathy). Int J Ind Med 2022;3(1):29- 39
5	ROLE OF LEKHAN BASTI IN MEDOROGA- A CASE REPORT	IJAAR (International Journal of Applied Ayurved Research)	Vol. 4 No. 3 (2019): JULY- AUG 2019	Watkar Deepali Prakash, & Gahukar Dhanraj. (2019). ROLE OF LEKHAN BASTI IN MEDOROGA- A CASE REPORT. International Journal of Applied Ayurved Research, 4(3), 162–166. Retrieved from https://www.ijaarjournal.com/article/view/698

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