

Jayamangal Rasa



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In Ayurved, Jeerna Jwar and Dhatugata Jwar have been described in detail by our revered Acharyas. Dhatugata Jwar is one where Vikruti of Dhatwagni causes progressive Kshaya of Dhatus. This condition is called Dhatukshaya Avastha. In such situations, Jayamangal Rasa helps in Samprapti Vighatan by its Rasa, Vipak, Veerya and Guna. Owing to its Kashaya, Madhur Rasa, Snigdha Guna, Ushna Veerya and Katu Vipak, it improves the Dhatwagni and Jatharagni which causes Pachan of Ama in Koshtha as well as in Dhatus thus improving nourishment of the Dhatus. The progressive Kshaya of Dhatus in Jeerna Jwar results in Jwar, Pandu, Yakrut-Pleeha Vruddhi and pathological changes, both structurally and functionally, in Hrudaya, Phupphus and Grahani. For example, as Hrudaya is the Moola of Rasavaha Srotas, pathological symptoms like Hrud-Dravata are seen in Dhatugata Jwar. Due to Madhur, Kashaya Rasa of Jayamangal Rasa, it increases the strength of Mansa Dhatu thus improving Rasa Samvahanan and by correcting the functional abnormality of Vyan Vayu, it reduces symptoms like Hrud-Dravata and Hrud-Dourbalya. As Jayamangal Rasa contains Tamra Bhasma, Suvarna Bhasma, Vanga Bhasma, Roupya Bhasma and Kajjali along with Bhavana of Dhattur Patra Swarasa, this Kalpa is Vyavayi, Vikasi, Sookshma and brings about Srotomukha Shodhan owing

to its ability to reach minute Srotas. Also, in Dhatukshaya due to Margavarodh, this Kalpa helps remove Margavarodh and facilitate flow of nutrients towards Dhatus. If we have a look at the effects this Kalpa has on Doshas, we find that it is Tridoshashamak. However, probing deeper into Anshansha Kalpana of Doshas, we find that, by its Rasa, Veerya, Vipak and Guna, it mainly acts on all the 5 varieties of Vata Dosh. However, in case of functional anomalies, as Jayamangal Rasa is Kashaya in Rasa, Katu in Vipak and Ushna in Veerya, it tends to induce Vruddhi. For example, in functional deficits, Indriya Dourbalya is seen because of loss of control over Indriyas. Vataprakop caused by Dhatukshaya also results in Indriya Dourbalya. Rasa, Veerya, Vipak and Guna of Jayamangal Rasa plays an important role in order to reduce Dhatu Kshaya and improve Dhatupushti in conditions of Dhatukshaya induced Vataprakop. Jayamangal Rasa is beneficial in functional deficit of Udan Vayu for example being a nerve vitaliser it improves the functions of nerves in vocal cord paralysis or Vak-sanga or in Smrutahaani. As a result, it is useful in Vak-sanga and Smrutahaani. Functional abnormality of Vyan Vayu causes blockages and impaired blood flow in the coronary arteries and gives rise to symptoms such as Hrud-Shoola, Dourbalya and Hrud-Drava. This Kalpa is very useful in correcting the

functional abnormality of Vyan Vayu, strengthen the Hrudaya and normalise blood circulation in the coronary vessels. Functional abnormality of Saman Vayu causes disorders in its role of 'Annam Gruhanati Pachati Vivechayati Vimunchayati' which ultimately results into Grahani Vyadhi. In such situation, this Kalpa, when used at an appropriate time of the day, is useful in igniting the digestive fire. This Kalpa provides Bala to the Grahani and normalises its function. Jayamangal Rasa implements its action in the functional abnormality of Apan Vayu by rectifying the Kleda Vidhrukaran of Mootra and Sara-Kitta Vibhajan of Anna. Hence, it can be concluded that Jayamangal Rasa has action on Annavaha and Purishvaha Srotas. It is generally observed that Jayamangal Rasa plays an important role in property (Guna) and function (Karma) based abnormalities of Pitta in which, owing to its Madhur, Kashaya Rasa and Ushna Veerya, it brings about Pachan of Sama Pitta. This Kalpa soaks up the Dravansh of Pitta and normalises the disorders of Guna, Karma and Rupa in Ranjak and Bhrajak Pitta. It is also useful in Guna and Karma Vikruti of Pachak and Alochak Pitta. This Kalpa can be used to reduce the heat in Dhatus and also for Pachan of Sama Pitta present in Koshtha and Dhatus.

Owing to its Veerya and Vipak, it is beneficial in Guna-wise Vikruti of Kapha. On Srotas level, it is observed that this Kalpa has action on Rasavaha, Raktavaha, Annavaha and Majjavaha Srotas. If we think about its action on organs and organ systems, it is found that it works very well in structural and functional abnormalities of Phupphus, Grahani, Hrudaya, Yakrut and Pleeha. In terms of Rogaghnata, Jayamangal Rasa is primarily beneficial in Jwar, Rajayakshma, Shwas and AIDS. In conditions of Dhatukshaya due to Margavarodh in the above mentioned Vyadhis, this Kalpa, by its Rasa, Veerya and Vipak, removes Margavarodh and facilitates

nourishment to Dhatus. This Kalpa is very useful in Jwar especially Dhatugata Jwar and as root cause treatment of Rajayakshma. It can be used for symptomatic treatment of conditions like Dhatugata Ama, Jatharagni-Mandya, Dhatukshaya and the Jeerna Jwar arising as a complication in AIDS. It has an important role to play in the Samprapti Vighatan of कफप्रधाने: दोषस्तु रुद्धेषु रसवर्त्मसु। अतिव्यवायिनोवापि क्षीणेरेतस्यनन्तरा। क्षीयन्ते धातवः सर्वे ततः शुष्यन्ति मानवः। seen in Rajayakshma. This Kalpa can be used for Sama-Pitta Pachan in Yakrut-Pleeha Vruddhi and to increase Rakta Dhatu specially white blood cells by improving Raktagni. In hepatosplenomegaly, Jayamangal Rasa is given along with Kumari Asava. It can be used for symptomatic treatment of Kshudra Shwas due to Pranavaha Srotas Dushti.

Jayamangal Rasa is beneficial in Jwar Vyadhi when used along with Guduchyadi Kwath as Anupan. In Pandu, it should be used along with Arvindasava. In Shwas, it is used along with Arjunarishta. Jayamangal with Kumari Asava is advised in hepatosplenomegaly. Jayamangal Rasa is administered with Ghruta and warm water in Grahani Vyadhi. Jayamangal Rasa can be prescribed in a dose of 125 mg before or after meals taking into consideration the Deha Bala, Agni Bala, Dosha Bala, Vyadhi Bala and Sadhya-asadhyatva of the Vyadhi along with an Anupan suitable for the given condition.

Summary – By virtue of its Rasa, Vipak, Veerya and Guna, Jayamangal Rasa is a Tridoshashamak, Dhatwagnivardhak and Srotomukhivishodhak due to which it can be used in Samavastha and Niramavastha of diseases, acute or chronic conditions, Kashta-Sadhya or Asadhya conditions, either as a symptomatic or radical treatment modality as well as in structural and functional deformities of Pakwashaya, Amashaya and Raktashaya. This Kalpa is mainly useful in AIDS, Jeernajwar and Rajayakshma.