

॥ स्वस्थस्य स्वास्थ्यरक्षणम्  
आतुरस्यविकार प्रशमनं च ॥



*Authentic Ayurvedic  
Offerings*

from



*Serving Ayurved since 1872*

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*The objective of Ayurveda is to maintain positive health by maintaining balance between the body elements and restoring it in periods of duress in order to regain health*



## CHYAVANPRASH

Chyavanprash is an ancient Ayurvedic recipe widely used in India for its rejuvenating & energizing. Chyavanprash is often referred to as the elixir of life due to its numerous nutritional as well as health promoting properties and wide range of benefits to the body, as documented in Ayurved. Chyavanprash, the foremost of the all *Rasayanas*, is considered to be excellent rejuvenator for all age groups. It helps promote youthful state of both physical and intellectual health. It has the consistency of jam and a sweet-sour-spicy taste and is formulated with more than 40 carefully chosen herbs (including *Amla* popularly known as *Indian Gooseberry* as the key ingredient) to nourish all the *Saptadhatus* which are the principally responsible in maintaining the body and its functions. Chyavanprash helps rejuvenate the body & maintain *Tridosha* (vata, Pitta, Kapha) in harmonized states.



## GUGGULKALPA TABLETS

These are formulae with Guggul (resin of *Commiphora wightii*) as primary ingredient. The raw guggul undergoes a two stage purification and potentiation process with decoctions of different herbs selected to deliver specific therapeutic value.



### TRIPHALA GUGGUL (with Guggul processed in Triphala)

Triphala Guggul is a classical Ayurvedic formulation which combines detoxifying and rejuvenating properties of triphala with cleansing and tissue penetrating properties of Guggul. It helps improve digestive fire, effectively decongests channels of the body & promotes healthy metabolism. When combined with diet restrictions and regular exercise Triphala Guggul is particularly useful in weight management.

### YOGARAJ GUGGUL (with Guggul processed in Dashmoola)

Yogaraj Guggul is the most renowned and widely used Ayurvedic formulation. Yogaraj Guggul, with its unique combination of herbs like Triphala, Chitrak( *Plumbago zeylanica*), Ajamoda, Pippali(Piper longum), and Guggul helps decongestion of channels in the body, regulates *Vata* movements and helps



reduce pain related to musculoskeletal system. It also helps reduce inflammation of joints.

**KANCHANAR GUGGUL** (with Guggul processed in Triphala)

The major ingredient i.e. Kanchanar have the ability to penetrate deep tissues, and to remove excess fluid thus, reduce swellings in glandular system. Kanchanar Guggul helps to control abnormal growths, cysts etc. It helps regulate metabolism at the level of Mansadhātu. It helps healing of wounds, ulcers, chronic ulcers.

**GOKSHURADI GUGGUL** (with Guggul processed in Triphala)

This is a classical guggul preparation designed to act on urinary system. Its main ingredient Gokshura (*Tribulus terrestris*) mainly helps in its diuretic action. Gokshura not only increases activity of urinary system but helps flush out body toxins. It helps reduce renal colic, dysuria.



**AMRUTADI GUGGUL** (with Guggul processed in Amruta\_ *Tinospora cordifolia*)

This is a special Ayurvedic Guggul preparation with Amruta (*Tinospora cordifolia*) as main ingredient. Amrutadi Guggul helps improve digestion and remove impurities from blood. It is notably useful in skin disorders with purulent discharge. Moreover it helps pacify vitiated Vata Dosha.

**KAISHOR GUGGUL** (with Guggul processed in Amruta\_ *Tinospora cordifolia*)

Kaishor Guggul is an Guggul preparation mainly containing Amruta (*Tinospora cordifolia*), Triphala, Trikatu with Guggul (*Commiphora wightii*) specially processed in Amruta (*Tinospora cordifolia*) . It helps alleviate blood impurities. It helps reduce pain and inflammation in conditions like gout.

**POLY & MONO HERBALS TABLETS**

**SITOPALADI**



Sitopaladi is one of the most widely used and reputed formulation prescribed by the ancient Ayurvedic Scholar Charak. It is a quick acting blend of herbs traditionally known to Ayurved for alleviating allergies and assisting in strengthening of immune system. Sitopaladi aids in the management of cough and cold. Some of its ingredients like Pippali (*Piper longum*), Ela (*Elettaria cardamomum*), Twak (*Cinnamomum zeylanicaum*) are used extensively as spices as well as for their health promoting properties.



## TRIPHALA

Triphala, a versatile formula with multiple applications & benefits, has been one of the most important formulas of the Ayurved tradition. Triphala is a balanced blend of the powders of three Indian fruits: Amalaki (*Emblica officinalis*), Bibhitaki (*Terminalia belerica*), and Haritaki (*Terminalia chebula*). This formula helps to tone the colon, thereby promoting internal cleansing naturally. The role of Triphala goes well beyond as a simple laxative. It promotes appetite and digestion and aids in relief from hyper acidity and flatulence.



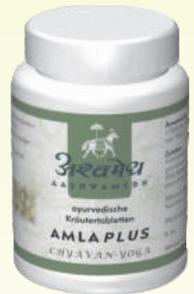
## HINGVASHTAK

According to principles of Ayurveda 'Agnimandya' (reduced digestive power) is the root cause of all diseases. Hingvashtak is made from common herbs used in India for centuries in household remedies to aid treatment of ailments of digestive system. Ayurved describes Hingvashtak as a potent formulation which when consumed with the first morsel of food helps improve the digestive functions of the body. Thus it aids in relieving flatulence, dyspepsia, colic discomfort and constipation.

## AMLA PLUS

Amla Plus is the formulation inspired from Chyavanprash, an extremely effective Rasayan explained in Ayurved with Amla as its main ingredient and more than 25 other potent ingredients.

Amla is a super fruit renowned for its *Rasayana* action according to Ayurveda. It nourishes all the body tissues and systems, keeps them healthy and well-functioning. It improves general health, enhances resistance of body to various diseases. Amla Plus brings all the health benefits of Chyavanprash in easy to use tablet form.



## MONO HERBS

Single herb tablets are offerings based on the basic tenets of Ayurvedic principles – water extracts of herbs. Ashwagandha, Arjuna, Amalaki, Brahmi, Shatavari and other selected herbs form part of a range designed and developed to meet the most stringent international quality norms.



## CLASSICAL OILS

*Abhyanga* – is procedure of anointing the body recommended by Ayurveda. The *Abhyanga* i.e. anointing of the body when done regularly imparts a glossy softness to the skin, guards against aggravation of *vata* and *kapha*, improves the complexion and also nourishes, strengthens *Dhatu*s the basic principles of the body according to Ayurveda responsible for the maintenance of health. Different oils are used for this which are medicated utilizing the various medicinal herbs thus providing the health benefits. Our range of medicated oils for *Abhyanga* are as follows



### VALIYA SAHACHARADI

Valiya Sahacharadi is a sesame oil based preparation containing ingredients like, Sahachar (*Barleria prionitis*), Kantakari (*Solanum xanthocarpum*), Gokshur (*Tribulus terrestris*), Godugdha (Cow Milk) etc. These potent ingredients impart their Vata Shamak properties to this oil. It is highly recommended for Vata ailments. Valiya Sahacharadi oil is a recommended spasm and pain reliever. It can be effectively used in Vata aggravated conditions especially muscular pain, strain and spasms.



### DHANVANTARAM

Dhanvantaram Taila is a Vata shamak and Balya oil. With goodness of Bala (*Sida cordifolia*), Shatavari (*Asperagus racemosus*), Ashtavarga, Godugdha (Cow milk), it nourishes the body tissues (Saptadhatu). This oil helps pacify Vata Dosha alone or along with vitiated Kapha Dosha. When applied regularly, it can help arrest degenerative changes in body especially joints.

### ELADI KERA

An excellent preparation for skin care Eladi Kera is useful for maintaining health and glow of skin. As compared to sesame oil it has a cooling effect on the skin because of its coconut oil base. It is recommended for dry skin, itching of the skin, eruptions or allergic conditions of the skin. This oil is enriched with herbs like, Ela (*Eletaria cardmomum*), Keshar (*Crocus sativus*), Nagakeshara, Musta etc.

### MURIVENNA

Murivenna, a coconut oil based preparation, medicated with Punarnava,





Palandu, Kumari etc. using classical Ayurvedic method. These ingredients impart Vata Pitta Shamak properties to this oil. It is helpful in traumatic conditions such as fractures and inflammatory conditions such tendinitis and other sports injuries.

### **VALIYA NARAYAN**

This is a renowned Ayurvedic formulation, containing efficacious herbs like, Shatavari, Dashamoola etc. Valiya Narayan oil imparts vigour, vitality and resilience to the body when used regularly for massage as it tone up the muscle. It provides relief from joint pain and muscle spasms.

### **KSHEERABALA**

Ksheerbala oil is extremely soothing and nourishing oil having Vata & Pitta Shamak properties. With richness of Bala and Godugdha, it softens the skin and helps improve muscle tone. Due to its gentle nature, it is ideal oil for massage of babies.

### **GINGER ELIXIR**

Ayurved strongly believes that Agni ( the power of digestion) is the bedrock of the healthy living while the Agnimandya (reduced power of digestion) is the root cause of the illness. Agni sandhookshana (to stoke up Agni) is the prime way of medication.

Ginger is the most sought for medicine to stoke up the digestive power. It has been mentioned in the Ayurvedic texts that consuming ginger before meals is beneficial for digestion as it acts as appetizer, tastes promoter and also promotes secretion of digestive juices. Thus ginger root treats the root cause of all diseases therefore it has been given vital importance in Ayurved and is described as *Vishwabhesaj*– “The Universal Medicine.”

Using Traditional Ayurvedic method of Asava manufacturing, Ginger Elixir is prepared with Ginger & additional ingredients that add to it’s digestive qualities. Cumin, black pepper, cardamom, nutgrass as well as the fruits of amla, bhibhitaki, haritaki supplement the effects of ginger wonderfully. The taste of Ginger Elixir is a pleasure for the palate and good for your health.





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